

Maternity Reflexology Course

Comment from a student who attended the Body in Balance Training Course, 13/14 September 2014



Photograph by John Gilmour © 2014

She delivered her second daughter today, all on her own – a short labour, and she feels so well!

Dear Mariette and Annette,

I've delayed in sending this note of thanks as I wanted to update you both on a client's progress.

This young woman is 32 years of age and has been seeing me for pregnancy massage and Reiki. She already has a 2-year-old daughter whose delivery and welcome into the world was traumatic for my client. She had an emergency C-section and was dreading going through the same process with her second delivery.

After our wonderful and interesting course, I started seeing her for Reflexology at 38 weeks and again at 39 and 40 weeks. Last week I saw her three times and she was amazed at how her abdomen tightened during the endocrine balance. Her baby became very active but it's movements were serene and gentle.

She delivered her second daughter today all on her own – a short labour, and she feels so well! The baby is named A and my client recognises the true benefits of the Reflexology before she went into labour.

So thank you both so much for your wonderful, informative course – I loved every moment and was so impressed with the content and standard you created.

I look forward to attending another one (or two, or three!) of your courses. You have created a tranquil and peaceful place for study – a true sanctuary.

Take care and thank you both again.

Blessings,

L.P.