

# Student **SPOTLIGHT**

## ALAN & MARILYN STRANGE



*Husband and wife team Alan and Marilyn Strange decided it was time for a change and ventured to Body in Balance Training Centre in Fife, Scotland, to discover the world of complementary therapies.*

Having worked in the military and as a police officer for most of his life, Alan decided he wanted to retrain in complementary therapies so he registered for the VTCT Level 3 Diploma in Reflexology (QCF) (AC30405) and the VTCT Level 3 Certificate in Anatomy, Physiology and Pathology for Complementary Therapies (QCF) (AC30407) at Body in Balance with tutor Mariette Lobo. Marilyn followed suit; after spending thirty years working as a home economics teacher she decided she was also ready for a change, also registering for the VTCT Level 3 Certificate in Anatomy, Physiology and Pathology for Complementary Therapies (QCF) (AC30407), alongside her husband.

Mariette was delighted to help the couple with their career change:

'Alan enrolled on the VTCT Level 3 Diploma in Reflexology course in the morning and Marilyn followed suit that very evening by signing up for the Level 3 Certificate in Anatomy, Physiology and Pathology. It's been a real pleasure teaching this couple and they have been excellent students. Both wish to further their study at Body in Balance Therapies Training Centre where they recognise that the courses are of the highest standard and the small classes are more likely to meet the individual needs of students. I hope their success story encourages other mature students, who might be hesitant about investing in a career in complementary therapies, to have a go – it's never too late!'

Both Alan and Marilyn have now completed their qualifications and plan to further their holistic development with Mariette at Body in Balance.

